



SWIM BIKE RUN

2nd SUNDAY OF EVERY MONTH.
STARTING AT 1:00PM.



**FOUNDATION 92 AND BRITISH TRIATHLON
HAVE TEAMED UP TO MAKE SWIM, BIKE,
RUN, MORE ACCESSIBLE FOR YOU! WE
WANT TO HELP YOU GET MORE ACTIVE IN
A WAY THAT WORKS FOR YOU.**

**SWIM, BIKE, RUN, HAS BEEN UNIQUELY
DEVELOPED TO ENSURE THERE IS
SOMETHING FOR EVERYONE. REACHING
OUT TO BEGINNERS NO MATTER YOUR
AGE, EXPERIENCE OR ABILITY.**

**WE BELIEVE THAT EVERYONE DESERVES A
SWIM, BIKE, RUN EXPERIENCE!**

**AT WORSLEY LEISURE CENTRE,
MANCHESTER, M28 3AB.**

**FOR MORE INFORMATION, CONTACT:
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